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INSTRUCTIONS FOR CARE AFTER HAVING A TOOTH EXTRACTED

Keep gauze in place by biting down for 20 minutes after the extraction. If bleeding continues, replace with fresh gauze and bite down for an additional 20 minutes. Repeat this procedure until bleeding subsides.

- **NO** spitting or rinsing for 24 hours after extraction.
 - **DO NOT** drink through a straw.
 - **DO NOT SMOKE FOR AT LEAST 24 HOURS.**
 - Avoid getting any type of food into extraction site.
 - After 24 hours, patient can begin normal saline rinses (1 tsp. salt & 4oz. warm water) 3 times each day for 2 days.
 - After initial 24 hours, normal dental hygiene (brushing and flossing) should be continued.
- **If an unusual amount of bleeding or excessive pain persists, do not hesitate to contact our office - (401) 596-0888.**